

# ACACIA AFRICA

## EAST AFRICAN EXPLORER – TOUR DOSSIER

Tour Code EAE29

JOHANNESBURG – NAIROBI

29 DAYS

Tour Departure – **07:00**

Pre-departure Meeting – **18:00** day prior to departure

### HIGHLIGHTS

Greater Kruger  
Chobe National Park  
Livingstone – Victoria Falls  
Lusaka  
Lake Malawi  
Dar es Salaam  
Zanzibar  
Serengeti National Park  
Olduvai Gorge  
Ngorongoro Crater Conservation Area  
Meserani Snake Park  
Masai Village Walk  
Great Rift Valley  
Nairobi



From the east to the south this tour offers world renowned 'Big 5' game parks, friendly beaches of laid-back Lake Malawi, the tropical paradise of Zanzibar and the mighty Zambezi River as it spills over the thunderous Victoria Falls. Ideal for game viewing and anyone wanting to see the best of Africa!

### INTENDED ITINERARY

Whilst it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the tour and on occasion it may be necessary or desirable to make alterations to the published itinerary. Please therefore treat the following as a guide only.

**Duration:** 29 Days

**Countries visited:** South Africa, Botswana, Zambia, Malawi, Tanzania, Kenya.

#### DAY 1 - 2

Greater Kruger and National Park

From Johannesburg - South Africa's commercial capital - we travel via the Panoramic region of Mpumalanga with its beautiful scenery and dramatic escarpment views, to South Africa's most famed national park - Kruger. The fences between the park's borders and private game reserves on the fringes of Kruger have been recently taken down to form Greater Kruger and the park's animals are free to roam the whole area. Kruger and Greater Kruger cover over 24,000 sq km and are home to an incredible wealth of African animals from the miniscule dwarf mongoose to all of Africa's famed Big 5 mammals. There is also an incredible diversity of birdlife and flora to be discovered. We spend two nights within the Kruger area and take game drives across the savannah to glimpse some of the wildlife that inhabits the park.

#### DAY 3 - 5

Francistown, Nata and Chobe National Park

Leaving Kruger and travelling north we spend a couple of days crossing from South Africa into the vast grasslands of Botswana via Francistown, Nata and the edge of the formidable Makgadikgadi salt pans to Kasane and the Chobe National Park, in the northern corner of Botswana. Chobe is a vast reserve of some 12000 sq km and along the Chobe River-front lush plains and forests support a remarkable variety of wildlife.

It is perhaps most famous for its huge elephant populations and is thought to be home to some 40000 of the 120000 elephants inhabiting this area of Africa. Whilst in Chobe we take an afternoon Fish Eagle boat cruise, relax and watch for hippo, buffalo, elephant and possibly lion, as well as an amazing display of birds, come to the river to bath and drink in the lowering light.

#### DAY 6 - 9

Livingstone – Victoria Falls (Zambia)

From Kasane it is a short drive to Livingstone and Victoria Falls (Zambia side) our base for the next few days. There are numerous activities and excursions to choose from here. Feed your hunger for adrenaline with white water rafting, bungee jumping, abseiling, gorge swinging and amazing scenic flights (microlight, helicopter or small plane) or enjoy the surroundings on canoeing safaris, elephant back safaris and horse riding treks. However, don't leave without seeing the Victoria Falls themselves. At over a mile wide and over 100 metres deep, when the river levels are high the Falls produce the world's largest curtain of falling water in the world. Depending on time of year they are formidable and at times the spray can be seen from 20 kilometres away, hence their local name Mosi au Tunya – the 'smoke that thunders'.

#### DAY 10 - 17

Kafue River - Lusaka - Malawi

From Livingstone, we head north-east into Zambia and stop at the Kafue River to take a short journey by boat on the river to a community camp on the river banks. We spend the night here and have the opportunity to visit the neighbouring village and meet the local people who live here. The following morning we continue our journey through Lusaka to Malawi - the 'warm heart' of Africa. We descend to Lake Malawi which covers almost a fifth of the country providing a source of livelihood for many of the Malawi people. Fishermen, fish traders, canoe and net makers all ply their trade, and a common sight is that of a fisherman in his *bwato*, (dugout canoe made from a hollowed out tree trunk) fishing on the still lake at the break of day.

Enjoy a few days on the beach. Try some of the water-sports typically available, or else simply relax and enjoy the warm fresh waters of Lake Malawi. There is the opportunity to meet the local people, generally known as amongst the friendliest in Africa to gain an insight into their way of life.

#### DAY 18 - 22

Dar es Salaam - Zanzibar

Leaving Malawi we climb into the hills and cross the border into Tanzania. We continue northeast towards the Indian Ocean coast and the port city of Dar es Salaam. On the way we take the road that runs straight through small Mikumi National Park and with luck, may spot forest elephant or giraffe feeding near the side of the road. 'Dar' is Tanzania's hub of commerce and industry - a hot, humid and bustling city. We set up camp at our campsite near the beach just outside of the city centre with time to browse one of the nearby curio markets best. Ebony wood carvings are a good buy in Dar – but be sure to bargain hard. This is also our 'leaping off' point for our excursion to Zanzibar.

Evocative and exotic, Zanzibar conjures up images of idyllic, sandy, palm fringed beaches, romantic winding cobbled alleys and lush tropical forests. You will find all of these and an intriguing past on the island. Zanzibar was once a major trading centre for spices and slaves as well as base for the great 19<sup>th</sup> century European explorers such as John Hanning Speke, Richard Burton and David Livingstone. Indeed the spice trade is centuries old: Zanzibaris have traded with the people of the Arabian peninsula for generations, plying the ocean in simple dhow sailboats relying on the annual trade winds for passage. The Arab influence is evident in the architecture and diverse street stall offerings of the capital, Stone Town. In fact it can be seen right along the East African coast with the *Swahili* language and culture displaying the mixing of Arab and African cultures over many centuries.

Our time on the island is not structured and your time is at leisure. Perhaps the best way to see Stone Town is on foot: explore the bazaars, shops, mosques, palaces, courtyards and myriad intricate alleyways of the old town. Spices are grown in plantations nearby and you can take day-tours to visit some and have your senses dazzled by the tastes and scents experienced. But if it's white sand, sparkling ocean and hot sun you prefer – head for the northern beaches and enjoy the Indian Ocean at its best. Try snorkelling and diving, indulge in some sumptuous seafood, or simply relax beneath a coconut palm with a cocktail and a good book.

After three nights we cross back to the mainland to Dar by ferry.

**DAY 23 – 25**  
River Camp - Arusha

We continue the journey northward and inland to the great game parks of East Africa. We may take a night beside the scenic Pangani River on the way north, and a little further on if the weather is clear we gain a view of the magnificent snow-capped Mount Kilimanjaro, Africa's highest peak (at 5895m). We drive past the town of Moshi and eventually reach Arusha, a city situated exactly mid way between Cape Town and Cairo. Arusha is Tanzania's 'safari capital', a city of some 2 million inhabitants, a bustling melting pot of markets, vehicles and tribesmen, nestling in the shadow of the brooding Mt Meru (4556m). With time to explore town we head out to our camp just outside of the city on the edge of the Masai plains. Here there is the opportunity to take a walk or camel ride to one of the local Masai villages, to visit the very interesting Masai museum, and to visit the snake enclosure at the Meserani Snake Park. Wash the African dust down in the camp's popular 'bush' bar. More importantly, it is from here that we prepare for our two night/three day excursion to the Serengeti National Park and the Ngorongoro Crater.

**DAY 26 - 21**  
Serengeti National Park – Olduvai Gorge  
Ngorongoro Crater - Nairobi

Stopping to see the Olduvai Gorge, made famous by Drs Louis and Mary Leakey for their explorations into early man we descend onto the open plains and wide horizons of the Serengeti. Green after the rains, brown and burnt in the dry this is home to an enormous variety of grazing animals, predators, and birdlife. Flatter and larger than the Masai Mara the Serengeti is simply huge - indeed the name 'derives from the Masai word *Siringitu* – 'the place where the land moves on forever'. Game viewing here can be superb and camping out in an unfenced campsite where lion and hyena roam nearby is an unforgettable experience.

The following day we drive out of the plains and ascend the outer wall of the Ngorongoro Crater. We spend the night camping on the rim (you may need a jacket as it can be cold at night). At 326 square kilometres in area the Ngorongoro is Africa's largest intact caldera and is a World Heritage Site. If the view from the rim (2400 metres above sea level) is spectacular, the site from the Crater floor (some 600 metres below the rim) is equally enjoyable. All the major mammals are present, except giraffe (which cannot manage the steep slopes leading down one to the Crater floor). We descend the steep access road for a morning of excellent game driving in this dramatic location. After lunch we drive back up the access road for a final view over the Ngorongoro before we retrace our steps back to Arusha and our camp for the evening.

After a last night at camp, we make our way across the Masai steppe to the Kenyan frontier at Namanga. Completing formalities we drive the last afternoon to Kenya's burgeoning capital, Nairobi, where our tour ends.

**NB<sup>1</sup>** For the sake of practicality, meals in the Livingstone/Victoria Falls area are restricted to breakfasts. This allows you to take on half day or full day activities (some of which include lunch) without having to be back with the group at mealtimes. The Waterfront camp has a beautiful restaurant overlooking the Zambezi River which offers a good selection of reasonably priced meals and snacks throughout the day (we suggest you allow US\$25 -\$30 per day). Relax and enjoy these few days at your own leisure.

**NB<sup>2</sup>** As we leave the truck on the mainland, when we go to Zanzibar food and accommodation is not included and free time is yours to enjoy the island's activities. Your tour leader will assist the group by booking suitable and well priced accommodation both in Stone Town and on the beach (budget approx \$30-35 per night), unless you would like to book something independently in advance.

**TOUR INFORMATION**

**Travelling overland is great fun, but it can also be challenging! This is a *participation* tour and your help will be needed in setting up the camp each night and assisting (usually on a rota basis) with the various day to day campsite duties, such as shopping, cooking and keeping the truck and camp tidy. But don't worry it's not all hard work and it's a great way to meet the local people and get to know your fellow travellers. Your contribution benefits the success of the tour - most people find the greater their involvement, the greater their enjoyment of the whole trip.**

**Africa is an adventure destination and travelling here is not always predictable so be prepared to "expect the unexpected" in difficulties or delays which might come our way! However, you'll soon find that the diversity of the African landscape, the wildlife and the communities we pass on our way, make the sometimes rough travel and long driving days worthwhile. Come with a sense of adventure and a flexible attitude and you will be sure to enjoy your Acacia overland tour across this amazing continent.**

## TOUR STYLE

Acacia Overland Tour.

## WHAT'S INCLUDED

Fully equipped safari vehicle, camping and cooking equipment including sleeping mattress, all road tolls and vehicle taxes, transport, services of driver and tour leader, meals as indicated.

## WHAT'S NOT INCLUDED

Local Payment excursions, visas, travel insurance, flights, departure taxes, airport transfers, sleeping bag, optional activities, drinks, tips, meals not mentioned in itinerary, items of a personal nature. **NB:** meals on Zanzibar are not included in tour price or your Local Payment.

## ACCOMMODATION

We use 2-person dome tents with flysheets, built in ground sheets, zip-up insect screens and thick foam sleeping mattresses. We mainly use designated campsites, which often have permanent wash and shower facilities, electricity points and sometimes even a small shop and bar/restaurant.

**NB:** Accommodation on Zanzibar are not included in tour price or your Local Payment – please allow USD30 - 35/night.

## TRANSPORT

24-seater self contained, custom-built safari truck with onboard tables, plug sockets, freezer, library, i-pod jack, safety features and 70-litre individual lockers.

## MEALS

Meals included are – Breakfast (B) x25, Lunch (L) x20, Dinner (D) x21.

These meals are prepared in camp by the group and help preparing the meals is invited. Most dietary requirements can be catered for on the road. Please ensure you inform Acacia of any special requirements when you book or at your earliest convenience.

## GAME PARK VISITS

In order to maximise the quality of game driving and to comply with local authority rulings, some of our National Park visits and game viewing is carried out using services provided by local African ground handlers. As well as enhancing our experience it also allows us to contribute at a 'grassroots' level to local economies from which local people benefit. These local services are included in the Local Payment.

## TOUR PREPARATION

### BOOKING INFORMATION

When you make a confirmed booking for your tour you will be sent your booking documents and a pre-departure booklet with detailed information to help you prepare for your trip. Once you have paid in full you will receive a Travel Voucher giving details of your joining hotel. Nairobi and Johannesburg are well served by a number of airlines and your travel agent can advise on flights to the start of the tour.

### JOINING INFORMATION

This tour starts in Nairobi and finishes in Johannesburg. **The pre-departure meeting is held at 18:00** on the evening prior to departure. **The tour begins at 07:00 on day 1 and ends on day 29 in Nairobi.**

Meeting point in **Johannesburg:**

Address:

**Backpackers Ritz**

1A North Rd

Dunkeld West

Johannesburg

Contact details:

Tel. +27 11 325 7125/2520

Fax +27 11 325 2521

E-mail:

[ritz@iafrica.com](mailto:ritz@iafrica.com)

Website:

[www.backpackers-ritz.co.za](http://www.backpackers-ritz.co.za)

Pre-dep. meeting:

18:00 prior to departure day

Tour start time:

07:00 on day 1

Tour end point in **Nairobi**:  
Address:

**Boulevard Hotel**

Harry Thuku Rd  
PO Box 42831  
Nairobi

Contact details:

Tel. +245 2 337221 / 227567/8/9

E-mail:

Fax +245 2 334071

[hotel@hotelboulevardkenya.com](mailto:hotel@hotelboulevardkenya.com)

Tour end time:

Late afternoon/ early evening of day 29

**EXTENDING YOUR STAY**

If time allows, we suggest you spend a night or two before and after the tour to fully enjoy the site seeing and activities on offer in the Cape Town and the Livingstone/ Victoria Falls area. Any additional nights can be booked on a direct pay basis. See below for a guide to extra accommodation costs. These prices may be subject to change especially at time of the World Cup (Jun-Jul 2010) so please contact Acacia or your agent to check current prices.

Description	Price	Description	Price
<b>Johannesburg</b>		<b>Nairobi</b>	<b>USD</b>
Post tour accommodation – Dorm pp/pn	R110	Pre tour accommodation – Twin pp/pn – B&B	\$55
Post tour accommodation – Twin pp/pn	R170	Pre tour accommodation – Single pp/pn – B&B	\$80
Post tour accommodation – Single pp/pn	R200	Pre tour accommodation – Triple pp/pn – B&B	\$45-\$50

**WHAT TO BRING**

Please try to keep your luggage to a minimum, bearing in mind that most airlines impose a 20kg limit. It should be brought in a soft holdall or rucksack along with a smaller day bag. You will need to bring a mixture of lightweight clothing and warm clothing for the evenings and early morning game drives. You also need a sleeping bag (and small pillow if preferred). We recommended you pack a small torch or headlamp, mosquito spray and a money pouch/ belt that can be easily hidden. Please try to avoid bringing unnecessary valuables and use your hotel safe to store the bulk of your money, passport, and airline tickets. A full 'What to Bring' list is included in our **pre-departure booklet (online version)**, issued when you book.

**VACCINATIONS/HEALTH**

The table below indicates the vaccinations suggested for travel on this tour but **should be treated as a guide only**. You should seek professional medical advice from your GP or clinic at least six weeks prior to departure.

Please be aware that the areas visited on this tour are **malarial**. We strongly recommend your seeking professional medical advice for the appropriate anti-malarial tablets.

Country	Tetanus	Diphtheria	Polio	Hepatitis A	Hepatitis B	Typhoid	Meningitis	Rabies	Yellow Fever	Malaria
South Africa	R	R	R	R	-	R	-	-	*	R
Botswana	R	R	R	R	-	R	-	R	*	R
Zambia	R	R	R	R	R	R	-	R	R	R
Malawi	R	R	R	R	R	R	R	R	R	R
Tanzania	R	R	R	R	R	R	R	R	R*	R
Kenya	R	R	R	R	R	R	R	R	R*	R

C = Compulsory, R = Recommended, \* = If travelling from infected countries a certificate of proof may be required.

## VISA REQUIREMENTS

The table below indicates the visas required for travel to the countries on this tour but **should be treated as a guide only**. At least one month prior to travel seek confirmation from embassies or a visa specialist, that these requirements are still current. For UK citizens the Foreign & Commonwealth Office (FCO) offers free up-to-date travel info: [www.fco.gov.uk](http://www.fco.gov.uk) For other nationalities a number of travel advice websites are listed on the Acacia website.

Nationality	UK	AUS	NZ	USA	CAN	BEL	IRE	NED	DEN	ITA	GER	AUT	SWE	FIN	NOR	MEX	KOR
S. Africa	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Botswana	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Zambia	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Malawi	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	Yes	Yes
Tanzania	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Kenya	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

## MONEY MATTERS

### PERSONAL EXPENSES

Naturally you will require extra money for your own personal spending on the tour, for snacks, drinks, souvenirs, tips and items of a personal nature. Everybody has different spending habits but as a guideline we suggest you budget US\$15-25 per day. Also keep US\$ cash for relevant airport taxes and visas needed, optional activities and any additional accommodation before or after your tour.

- **Spending money** is best carried as cash in US dollars, Sterling or Euro which can then be transferred into local currency on arrival. Your guide can advise how and when you can change the rest of your money throughout the tour.
- **Currencies** are as follows: Kenya – Kenyan Shilling; Tanzania (including Zanzibar): Tanzania Shilling; Malawi - Malawi Kwacha; Zambia – Zambia Kwacha; Botswana – Pula; South Africa : Rand.
- **ATM machines** are found in Nairobi, Arusha, Dar es Salaam, on Zanzibar and in the main cities on tour to Johannesburg BUT may be unreliable and therefore we recommend you do **not** rely on them!
- **Credit cards** can be used to pay for optional activities although charges may be may be high by western standards (+/- 5%).
- **Travellers cheques** can be difficult to cash but make suitable emergency funds.

We recommend you bring your spending money in several different ways (some cash, some t/cheques, some cards); your guide can best advise on what to use where.

### LOCAL PAYMENT

A Local Payment (LP) is to be paid to your tour leader at the pre -departure meeting. The LP fund is administered by the tour leader in conjunction with the group and covers most meals, all game drives using our own vehicle, campsite fees and meals prepared at the truck (usually two or three per day). You can choose to pay either the Basic Local Payment at the beginning, and then pay for your excursions along the way, or else you may pay for everything up front in the Fully Inclusive Local Payment.

Payment must be made in **US\$ cash in clean, post-2001 edition notes**. Traveller's cheques and credit cards can **not** be accepted as means of payment. The LP amounts set out in the brochure are estimates of local costs at the time of printing. It is subject to inflation, exchange rate changes and local price rises. These may vary from the amounts set out in the brochure or website and on rare occasion where there is a shortfall, passengers will be asked to contribute further. Conversely, where there is a surplus of LP funds at the end of the tour, it will be refunded equally amongst all passengers.

### TIPPING

This is always a matter for your own individual discretion but as in many areas where tourism is an important contributor to the economy, it has become customary to give a small gratuity to local staff, including your tour leader and driver, at the end of a tour if services rendered have been to your satisfaction.

## OPTIONAL ACTIVITIES

In order to give you maximum flexibility on tour we offer a number of optional activities on the tour. To help budget, approximate prices are listed below (in US\$ unless otherwise stated. subject to change and availability).

Activity	Price	Activity	Price
<b>Tanzania</b>		Scuba Diving	\$40
Serengeti Balloon Ride	\$499	Horse Riding (half day)	\$45
Camel Ride	\$30	<b>Livingstone</b>	
<b>Zanzibar (Tanzania)</b>		Gorge Swing/ Abseiling	110 - \$155
Scuba Diving (Mnemba island)	\$150	Bungi	\$95
Snorkelling Day Trip	\$30-45	Crocodile Farm	\$25
Accommodation & Food (per day)	\$35	Half day/ Full day Canoe Safari	\$95/ \$120
Spice Tour	\$25	Horse Riding	\$75 - \$110
Dolphin excursion	\$35-\$40	Game-walk	\$70
<b>Malawi</b>		White Water Rafting/ Riverboarding	\$155/ \$175
Snorkelling	\$20	Flight over the Falls	\$130
		Zambezi Sunset Cruise	\$45
		Lion Encounter	\$125

## INSURANCE

It is a booking condition of Acacia that you have full travel insurance valid for the duration of your tour to cover you for medical emergency and repatriation to your home country. Your guide will ask you for a copy of this when you join the tour. It is also important that you leave a copy of your insurance with the person nominated as your emergency contact. We can recommend a respected, specialist travel insurance provider for this tour. Please contact Acacia for more information.

## Country Information - KENYA

### Facts

Capital:	Nairobi (from the Masai word 'sweet water' – once a major watering hole)
Size:	582 646 sq km / 362 116 sq miles
Population:	36,913,721 (Sept. 07)
Groups:	Kikuyu, Luhya, Luo, Kalenjin, Kamba, Kisii, Meru, non-African (Asian, European, and Arab)
Languages:	English, Swahili, Kikuyu, Luo, Kikamba, Masai, Samburu
Local time:	GMT +3
Seasons:	Dry (June-October), short rainfalls (October-December) and long rainfalls (March-June)
Currency:	1 Kenyan Shilling (KES) = 100 Cents
Telephone:	Country code 254, international access code 00
Electricity:	240 V / 50 Hz, rectangular blade plug

Kenya straddles the equator and covers an area of 582,646 sq kilometres, which includes around 13,600 sq kilometres of inland lakes. It is one of Africa's most diverse communities, having been a major migratory pathway for millennia. More than 70 tribal groups occupy the land and whilst distinctions between them have become blurred and western cultural values being adopted, the individual cultures and traditions can still be detected, especially in rural areas. Most of the African population is Christian whereas the Asian population is a mix of Muslim, Hindu and Sikh. English and Swahili are the official languages, however there are many other major tribal languages spoken.

## Points of Interest

### Masai Mara National Reserve

The Masai Mara National Reserve (sometimes abbreviated to 'the Mara' meaning 'mottled' – due to its patchy landscape) is Kenya's best known game reserve. It is coined by gently rolling hills, woodland and acacia trees and watered by two rivers, the Mara and Talek. There are no fences between the Masai Mara and the bordering Serengeti National Park in Tanzania, and large numbers of animals roam freely between the two parks. The most dramatic spectacle of the area is the migration of zebra and wildebeest. Every year in May, they leave the dry south in herds of thousands and head first west and then north to the greener grasses. Lion, cheetah, hyena and wild dog follow the wildebeest and zebra, making sure that only the fittest survive. In November, when the grazing is finished in the north, this army of animals surges back to the now green pastures of the south where they calve and mate before starting the entire cycle again.

You will also be likely to spot the 'Big 5' here - buffalo, elephant, rhino, lion and leopard. It's little known but the term originally referred to the 5 large animals that proved the most challenging to early colonial hunters – and therefore became a much sort after prize. Nowadays visitors prefer to 'shoot' the animals with cameras rather than guns and the park also has very healthy populations of cheetah, zebra, giraffe, hippo, hyena, jackal, eland, crocodile and many different birds.

Several sub-tribes of the Maasai people live within the Mara area. These are a proud semi-nomadic, non-hunting people who live and raise their cattle in harmony with the surrounding wildlife. Despite the growth of modern civilization, the Maasai have largely managed to maintain their traditional ways.

### **Lake Nakuru National Park**

Lake Nakuru National Park was established in 1961 with only the surroundings of Lake Nakuru but subsequently extended to its present 200 sq kilometres. The park 'centre piece' is still Lake Nakuru, a shallow alkaline lake whose size varies from 5 to 40 sq kilometres depending on rainfall and which attracts a multitude of birds, especially flamingos. These colourful wading birds may gather in such numbers that they form a pink fringe to the lake shore. Other prominent birds are pelicans, cormorants, rollers, and almost 500 other bird species. The forests surrounding the lake are a perfect habitat for black and white rhino, leopard, buffalo, waterbuck, warthog, impala, giraffe, eland, and lion.

## **Country Information - TANZANIA**

### **Facts**

Capital:	Dodoma
Size:	945 087 sq km / 364 900 sq
Population:	36,766,356 (Sept. 05)
Groups:	Mainland: native African (mostly Bantu tribes), other (Asian, European, Arab) Zanzibar: Arab, native African, mixed Arab and native African
Languages:	Swahili, English, Nyamwezi, Arabic
Local time:	GMT + 3
Seasons:	Dry (January-March, July-October), short rains (November/December), long rains (April-June)
Currency:	1 Tanzanian Shilling
Telephone:	Country code 255 , international access code 00
Electricity:	230 V / 50 Hz, round pins with ground or rectangular blade plug

The United Republic of Tanzania (the largest country in East Africa, including the islands of Zanzibar and Pemba) came into existence in 1964, three years after gaining independence from Britain. Although it shares many characteristics with Kenya (particularly with the Swahili culture and language), it does not have the same ethnic mix and following independence developed along more socialist lines than Kenya. Possibly for that reason Tanzania did not experience the growth in industry that Kenya enjoyed , although in recent years it has made up much ground on its northern neighbour. Tanzania's game parks however are - if anything - even better known than Kenya's. The Serengeti National Park and Ngorongoro Conservation Area are truly world renowned, as is Africa's highest peak Mount Kilimanjaro. All of these highlights are within easy reach of Nairobi, attracting many tourists and earning Tanzania much needed foreign exchange.

## **Points of Interest**

### **Serengeti National Park**

Of all the wildlife sanctuaries in Africa, the Serengeti is probably the most famous. With 14,763 square kilometres (the size of Northern Ireland) and no fences between the adjacent game parks. The Masai word is '*siringitu*' – meaning 'endless plains'. The landscape, formed by volcanic activity, varies from grassy plains in the south, to savannah and hilly grassland in the north to extensive woodland and black clay plains in the west. Small rivers, lakes and swamps are scattered throughout. Each area has its own particular atmosphere and wildlife.

The wildlife here comes in large numbers: 1.3m wildebeest, 200000 zebra, 1500 lion, 1000 elephant, 300000 gazelle, 25000 buffalo, 72000 topi, 500 giraffe and 10000 eland. As well as some 500 bird species.

### **Ngorongoro Crater Conservation Area**

Located between the Serengeti and Lake Manyara, sits **Ngorongoro Crater**, the largest unbroken caldera in the world and a World Heritage Site. Some 600 metres deep and 16km wide, the Ngorongoro hosts almost all animal species found in East Africa, including zebra, wildebeest, rhino, lions, cheetah, elephant, hyena, warthog, impala, buffalo, hartebeest, eland, various antelope and birds.

## Olduvai Gorge

The name Olduvai derives from a misspelling of Oldupai, the correct Masai word for the wild sisal plant fibre growing in the gorge. Located between the Serengeti and Ngorongoro, the Olduvai is where Drs Mary and Louis Leakey discovered early remains of mankind in the late 1950's and later an ancient human footprint. It became known as the 'Cradle of Mankind' - as the findings suggest that our species first evolved in this area.

## Zanzibar

Zanzibar is Tanzania's 'spice island'. It has a colourful history, spice plantations and **beautiful beaches**. Once a trading centre for spices and base for 19<sup>th</sup> century explorers such as Speke, Burton and Livingstone the island had a darker history too – as a staging post for slaves being shipped out of the African heartland to the Middle East and elsewhere. Zanzibar's traditional trade has always been with the Arabian peninsula, historically by traditional dhow sailboat plying the ocean by the annual trade winds. The Arab influence is evident in the architecture and diverse street stall offerings of Stone Town – and in fact this same influence is seen right along the East African coast with the Swahili language and culture displaying the mix of Arab and African cultures over the centuries.

## Useful Swahili Words

<b>Hello</b>	Jambo	<b>Yes</b>	Ndiyo
<b>How's things?</b>	Habari gani?	<b>No</b>	Hapana
<b>Thank you</b>	Asante	<b>Bring here</b>	Lete hapa
<b>Mister</b>	Bwana	<b>To eat</b>	Kula
<b>Go away</b>	Enda	<b>Today</b>	Leo
<b>Slowly</b>	Pole pole	<b>Tomorrow</b>	Kesho
<b>Coffee</b>	Kahawa	<b>To sleep</b>	Kulala
<b>Tea</b>	Chai	<b>Goodbye</b>	Kwaheri
<b>Milk</b>	Maziwa	<b>How much?</b>	Ngapi?
<b>Water</b>	Maji	<b>Come here</b>	Njoo hapa
<b>Sugar</b>	Sukari	<b>Welcome again</b>	Karibu tena
<b>Food</b>	Chakula	<b>See you</b>	Tutaonana
<b>Please</b>	Tafadali	<b>No, thanks</b>	Hapana santé

## Country Information - MALAWI

### Facts

Capital:	Lilongwe
Size:	118 484 sq km / 45 747 sq miles
Population:	12,158,924 (Sept. 05)
Groups:	Chewa, Nyanja, Tumbuka, Yao, Lomwe, Sena, Tonga, Ngoni, Ngonde, Asian, European
Languages:	English, Chichewa
Local time:	GMT + 2
Seasons:	Rainy season (November to May)
Currency:	1 Malawian Kwacha = 100 Tambala
Telephone:	Country code 265, international access code 101
Electricity:	220 V / 230 V / 240 V / 50 Hz, rectangular blade plug

Established in 1891, the British protectorate of Nyasaland became the independent nation of Malawi in 1964. Countries bordering Malawi are Mozambique, Tanzania and Zambia. Lilongwe is the capital but Blantyre the largest and most important commercial and industrial city. The country's terrain consists of plateaux and mountains but is dominated by the enormous Lake Malawi, 600km long and some 85km wide, one of Africa's 'great lakes'. The climate is sub-tropical with rains mainly from November to May. The population of Malawi is around 12 million with English and Chichewa being the main languages.

### Points of Interest

#### Lake Malawi

The third largest lake in Africa, taking up a fifth of Malawi's total land area. Sometimes known as the 'calendar lake' (from its imperial dimensions: 365 miles long and 52 miles wide, the lake is freshwater and home to more than 500 species of fish – more than in North America and Europe combined! The clear waters of this lake are also one of the world's premier fresh water dive and snorkelling spots and the major tourist attraction – the water being broadly safe for swimming. Many water sports are available - including fishing, water skiing, windsurfing and sailing.

### Country Information - ZAMBIA

#### Facts

Capital:	Lusaka
Size:	752 614 sq km / 290 586 sq miles
Population:	11,261,795 (Sept. 05)
Groups:	Native African, European
Languages:	English, Bemba, Kaonda, Lozi, Lunda, Luvale, Mambwe, Nyanja, Ngoni, Tonga, Tumbuka
Local time:	GMT + 2
Seasons:	Warm and rainy (November-April), cool and dry (May-August), hot and dry (September/October)
Currency:	1 Zambian Kwacha = 100 Ngwee
Telephone:	Country code 260 , international access code 00
Electricity:	220 V / 230 V / 50 Hz, round pin plug, round pins with ground or rectangular blade plug

Formerly Northern Rhodesia, Zambia is made up of a highland plateau (approximately 1000 metres above sea level) which rises toward the east and which - in the north, along the border of DR Congo- houses enormous reserves of copper, cobalt, coal, zinc and lead, the mining of which is of extreme importance to the economy. Tourism is of increasing importance with the magnificent Victoria Falls on the Zambezi River marking the border with Zimbabwe. The game parks of Zambia, although not so well known as those of Kenya and Tanzania, are large and well stocked with wildlife of all types. Zambia is one of Africa's newest democracies with its first multi party elections in 1991.

### Points of Interest

#### Victoria Falls

'Mosi-oa-Tunya' – (the smoke that thunders) is the local name for Victoria Falls. At most times of year the Falls is an inspiring sight: 1,708 metres wide and drop between 90 and 107 metres into the Batoka Gorge. An average of 550,000 cubic metres water /minute plunge over the gorge and at high water times the spray can be seen from 20-30 kilometres away. The Batoka Gorge forms the border between Zambia and Zimbabwe. David Livingstone, the first European to see Falls in 1855 (and who named them after Queen Victoria) reported 'Scenes so lovely, they must have been gazed upon by angels in their flight'.

Today, visitors come here not only to look at the Falls themselves but also to try the various adventure activities available in the area -white water rafting, river boarding, jet boating, bungi, microlighting, helicopter flights, sunset cruises and elephant back safaris to name a few. Most tours spend several days in the area, just outside Livingstone, the nearest town, giving opportunity to view the Falls themselves and to try some of the adventure activities available. If your tour starts or finishes here though we do recommend you planning on having another day or so if time allows.

## Country Information – BOTSWANA

### Facts

Capital:	Gaborone
Size:	585 370 sq km / 363 809 sq miles
Population:	1,815,508 (Sept. 07)
Groups:	Tswana, Kalanga, Basarwa, Kgalagadi, European
Languages:	English, Setswana, Kalanga, Sekgalagadi
Local time:	GMT + 2
Seasons:	Dry (April-August), rainy (November-March)
Currency:	1 Pula (BWP) = 100 Thebe (pula = rain; thebe = raindrops)
Telephone:	Country code 267, international access code 00
Electricity:	230 V / 50 Hz, round pins with ground or rectangular blade plug

Although vast, semi arid and empty, Botswana has prospered since independence and is comparatively well off in relation to its neighbours - especially those to the north. The economy relies on mining (Botswana supplies much of the world diamond supply), cattle ranching and tourism. Botswana is heavily reliant on South Africa for rail, air and sea links. The Okavango Delta in the north west of the country is a major attraction, the water levels rising and falling annually with the rivers originating in the Angolan highlands. Perennially short of water, the word for Botswana's currency unit (one of the strongest currencies in Africa) is the same word for rain.

## Points of Interest

### Chobe National Park

This park, 11,000 sq kilometres in size is located in the northern corner of Botswana near where the borders of Namibia, Zambia and Zimbabwe come together. One of Chobe's main attractions is the 25000 strong elephant population – part of a huge 'superpopulation' that exists across the northern belt of Botswana and Zimbabwe in which elephant numbers are thought to total some 120000. The Chobe River, its floodplain and nearby teak forest marks the heart of the park and it is there that animals come to drink and bathe. Besides elephant, you may also see antelope, buffalo, crocodile, lion, hippo and a number of birds including the African fish eagle.

## Country Information – SOUTH AFRICA

### Facts

Capital:	Pretoria (official), Bloemfontein (judicial), and Cape Town (legislative)
Size:	1 219 090 sq km / 470 693 sq miles
Population:	44,344,136 (Sept. 05)
Groups:	African/Black, White (mainly of Afrikaner and British origin), Coloured, Indian/Asian
Languages:	English, Afrikaans, Ndebele, Xhosa, Zulu, Pedi, Sotho, Tswana, Swati, Venda, Tsonga (all 11 are official languages)
Local time:	GMT + 2
Seasons:	Western Cape: warm (September-April), cold and wet (May-August); East coast: humid all year; Northern provinces: wet (September-April), dry (May-August)
Currency:	1 South African Rand = 100 Cents
Telephone:	Country code 27, international access code 09
Electricity:	220 V / 230 V / 250 V / 50 Hz, the plug fits a 15A socket with three round pins

South Africa is a country rich in minerals, wildlife and scenery; a land of beauty with a complex social and political structure. Having by far the most developed and sophisticated economy on the continent, South Africa is essential to many of the neighbouring countries as an avenue for exports and as provider of electricity and high tech products. An excellent network of roads and an abundance of high quality camp sites makes travelling in and around South Africa an easy and rewarding experience.

## Points of Interest

### Johannesburg

Looking at the modern façade of South Africa's capital it is hard to imagine that it is merely over a hundred years old. It started to boom after gold was found in the area and therefore is still referred to as the gold capital of the world. Besides its great shopping and nightlife, Johannesburg is a good base for daytrips.

Things to do within Johannesburg city are the views from the top of the Carlton Centre, Museum Afrika, the Market Theatre precinct, Hillbrow and Houghton Gold Reef City (a replica of Johannesburg as an old gold mining town), tribal dancing, street theatres and amusement parks.

You can also go on a Soweto township tour where you visit a township, the Hector Petersen monument, apartheid museum and a local shebeen (pub).

At the nearby Lion breeding park you can see cheetah, zebra, giraffe and cuddle lion cubs.

### Cape Town

Founded in 1666 as a place where trading ships rounding the Cape of Good Hope could replenish supplies, Cape Town today is South Africa's tourist destination No.1. It is one of the most beautiful cities in the world with plenty of sights and outdoor activities. The natural beauty of the place is defined by mountains (especially the famous Table Mountain) and sea (and not only one, it is here the Atlantic and the Indian Oceans meet).

## ACACIA ON THE ROAD – NEWS & EVENTS

### FOOTBALL'S COMING TO AFRICA

In line with the 2010 Football World Cup, in Cape Town, Acacia's keeping its eye on the ball. We've got together with the charity Footballs for Fun to spread some goodwill and love for the beautiful game across the continent. In 2008 all our trucks will carry footballs which can be bought and donated to children in the local towns along our route. The footballs are a perfect ice breaker and a game with locals is a great way to make friendships despite language differences. And all the profit (at least £2 from each ball) goes straight back into Africa, helping support a selection of AIDS charities and children's homes. Make a difference, get kicking and buy a ball when you're next on one of our trucks.



### RESPONSIBLE TRAVEL

We believe that you get the most out of a journey by respecting the culture and people of the places you visit. On our tours we try to travel in a way that benefits the communities we pass through and minimises negative impact on the environment. This can be from ensuring the campsites we use are clean when we leave and dressing respectfully in conservative areas to getting involved with local charity projects. We ask that you are open to this when you travel with us. Being proactive in responsible travel helps develop cross-cultural understanding and friendships with the local people, and will greatly enhance your experience in Africa.

### PHOTOS & STORIES SEARCH

If you've ever thought you can take better pictures than the brochures or have a great travel story and want to see yourself in print, then we're looking for you. If you've captured a great moment on tour, whether it's of the wildlife, local people, landscape or life on the road why not enter our monthly photographic competition starting in 2009. Not only do we give away a monthly prize, you may also see your photos published in a future brochure or on our website. We are also on the lookout for stories of life on the road, the funny, exhilarating, moving or simply unforgettable things you did on tour. We publish the best stories on the Tales from the Road section of our website. Send your photos or stories to [acaciaontheroad@googlemail.com](mailto:acaciaontheroad@googlemail.com)

Photos should be in digital format & good resolution (max 6 pics per person) and labelled with the location of where the photos were taken. Meanwhile if you have a story or anecdote about your tour (up to 400 words) it needn't be word perfect, we'd love to hear about it.

**Legalities:** You, the photographer/author, retain copyright of all images & words submitted but we reserve the right to use of them for Acacia brochures, promotions & advertising.

For information on our Acacia Small Group Safaris, Adventure Tours, Comfort Class Safaris, Short Breaks & City Stays, Voluntours, Dive Tours, New Horizons and Access Tours or to contact us please visit [www.acacia-africa.com](http://www.acacia-africa.com)

### Acacia Adventure Holidays Ltd

23A Craven Terrace  
London W2 3QH

UK Tel. +44 (0)20 7706 4700  
Fax. +44 (0)20 7706 4686  
SA Tel. +27 (0)21 556 1157  
Fax. +27 (0)21 557 5983

Email: [info@acacia-africa.com](mailto:info@acacia-africa.com)

Website: [www.acacia-africa.com](http://www.acacia-africa.com)

